## A Worksheet for 'Toast for Tea'

Choose one of the scales from 'toast.grd' with which to compose a tune. You can play the notes on the grid or on any suitably pitched instrument.

1. Chant these words to yourself a few times:



- 2. Make a tune for these words, starting on the blue note of your scale and ending on the green note.
- 3. Follow this with another phrase to the same words, this time starting on the green note and finishing on the blue note.
- 4. Continue with a third phrase to the following rhythm:

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Yes,	Ι	do.	Yes,	Ι	do.

If you can play the top notes of your scale (from the green note upwards), use these. If not, play the rhythm all on one note - the green one.

- 5. Round off your tune with a fourth phrase, starting on the green note and finishing on the blue note (it can be the same as the phrase you created at step 3, if you wish).
- 6. Replace these words with something better!! Better still, you could use this pattern for building phrases to create a new tune, from scratch, using words (and therefore, rhythms) of your own choosing.